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COVID-19 : Regional Director of Public Health suspends all visits to Health Centers, Ullivik and Elders home.

Kuujuuaq, March 15, 2020 - The Public Health Department of the Nunavik Regional Board of Health and social Services announces the immediate suspension of all visits to patients in both Health Centers, Ullivik and Elders Home.

Some specific measures have been taken in all of our establishments to enforce the instructions and prevent the spread of COVID-19. The population will be informed when this measure is lifted.

Citations:

“With this measure, we want to protect vulnerable people like our precious Elders and people with a weakened immune system. Together we can make a difference.” Said Dr. Marie Rochette, Regional Director of Public Health at the NRBHSS.

«Protecting our Elder and vulnerable people is at the heart of our concerns. We invite Nunavimmiut to do so with avoiding, as much as possible, to be in contact with our Elders. » added Minnie Grey, Executive Director at the NRBHSS.

Recommendations:

Wash your hands very often (rub your hands together with soap for at least 20 seconds). If no access to soap and water, use hand sanitizer. Also, cough in your elbow, put your tissue in the garbage and if you have a cold or the flu, avoid any contact with elders over 70 year old.

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Source: Nunavik Regional Board of Health and Social Services

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