

ᑭᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦ

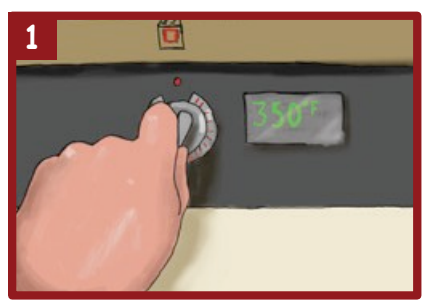
ᑭᑦᑲᑦᑲᑦ 15-ᑭᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦ:

- | | |
|--------------------|--|
| 2 | ᑭᑦᑲᑦ |
| 1 | ᑭᑦᑲᑦ |
| ¼ ᑭᑦᑲᑦ (60 ml) | ᑭᑦᑲᑦ (ᑭᑦᑲᑦ) |
| ½ ᑭᑦᑲᑦ (125 ml) | ᑭᑦᑲᑦ ᑭᑦᑲᑦ |
| ½ ᑭᑦᑲᑦ (125 ml) | ᑭᑦᑲᑦ ᑭᑦᑲᑦ |
| 2 ᑭᑦᑲᑦᑲᑦᑲᑦ (10 ml) | ᑭᑦᑲᑦ |
| 1 ᑭᑦᑲᑦ (250 ml) | ᑭᑦᑲᑦᑲᑦᑲᑦ |
| 3 ᑭᑦᑲᑦᑲᑦ (750 ml) | ᑭᑦᑲᑦᑲᑦᑲᑦ |
| 2 ᑭᑦᑲᑦᑲᑦᑲᑦ (10 ml) | ᑭᑦᑲᑦ (ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ) |
| 1 ᑭᑦᑲᑦᑲᑦᑲᑦ (5 ml) | ᑭᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦᑲᑦ |
| 1 ᑭᑦᑲᑦ (250 ml) | ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦ (ᑭᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦ, ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ) |



ᑭᑦᑲᑦᑲᑦᑲᑦ:

1. ᑭᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ 350°F-ᑭᑦᑲᑦ.
2. ᑭᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦ.
3. ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦ, ᑭᑦᑲᑦᑲᑦᑲᑦ (ᑭᑦᑲᑦᑲᑦ), ᑭᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦ, ᑭᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦ, ᑭᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦᑲᑦ.
4. ᑭᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦᑲᑦ, ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ, ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ, ᑭᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦᑲᑦ.
5. ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦᑲᑦ.
6. ᑭᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦᑲᑦ, ᑭᑦᑲᑦᑲᑦᑲᑦᑲᑦᑲᑦ.



ᑭᓴᑦᑲᓴᑦ ᑭᓴᑭᑦᑲᓴᑦ

ᑲᑲᑲᑦᑲᓴᑦᑲᓴᑦ:

7. ᑲᓴᑲᑦᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦᑲᓴᑦ.
8. ᑲᑲᑲᑦᑲᓴᑦᑲᓴᑦ, ᑲᓴᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦᑲᓴᑦ 5 ᑲᓴᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦᑲᓴᑦ.
9. ᑲᓴᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦ 10 ᑲᓴᑲᓴᑦ.

*ᑲᓴᑲᓴᑦᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦᑲᓴᑦ ᑲᓴᑲᓴᑦᑲᓴᑦᑲᓴᑦ.

