



Public Health Guidelines for Inter-Community Activities in Nunavik

The gatherings of people from many communities is part and parcel of the activities of many regional organizations or groups. While the Public Health department continues to encourage reducing contacts, we understand that certain circumstances may call for such in-person meetings. To reduce the risk of COVID-19 transmission, all meetings and inter-community activities must comply with the following public health measures/guidelines.

1. All provincial and regional directives regarding public gatherings (i.e., number of participants), physical distancing, hygiene, and personal protection must be respected

- 1.1. Whenever possible, virtual meetings (by phone or Internet) should be favored over in-person meetings;
- 1.2. Event organizers must keep a list of all individuals present;
- 1.3. A distance of 2 meters must be maintained between individuals at all times;
- 1.4. Hand sanitation should be encouraged and facilities must be provided;
- 1.5. Individuals must wear a face covering or mask at all times while indoors.

2. Travel

- 2.1. Travelling for such activities is permitted between communities in Nunavik;
- 2.2. Travelling for such activities from outside Nunavik is permitted but individuals should not participate if they are in quarantine;



- 2.3. Individuals who have recently (in the last 14 days) travelled from outside the region, but who are not in quarantine (because of their vaccination status), are encouraged to avoid participating in such events; when such participation cannot be avoided, in this period:
- All participants must be informed that there are recent travelers in attendance in order to encourage that basic measures (distancing, masking, hygiene) are well respected by all;
 - Participants travelling from outside the region are encourage to pay specific attention to respecting basic measures (distancing, masking, hygiene) at all times, including during meals and at the hotel;
 - Participants travelling from outside the region are encourage to limit their contacts in the week immediately preceding their travels to Nunavik.

3. Vaccine passports

- 3.1. Organizers of activities that require a vaccine passport¹ must ensure the verification of vaccination passports;
- 3.2. The application of vaccine passports has been adjusted for youth, and regarding the necessity to provide a photo ID as described in the directive to that effect.²

4. Maximum capacity

- 4.1. The maximum number of people allowed inside a public space, including participants and staff, is defined by community based on the vaccination rate achieved;³
- 4.2. For activities which bringing together more than 50 individuals in communities where that is permitted, the vaccine passport must be verified for all participants;
- 4.3. Individuals must be able to remain at a distance of 2 meters each other at all times: smaller facilities may need to restrict the number of people present to fewer than the maximum allowed in order to comply with this guideline.

¹ <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/progress-of-the-covid-19-vaccination/covid-19-vaccination-passport>

² http://nrhss.ca/sites/default/files/covid19/Guidelines_Vaccination_Passport_EN.pdf

³ <http://nrhss.ca/en/immunization-levels-and-permitted-activities>



5. Symptoms

- 5.1. Individuals with symptoms of COVID-19 must not participate, and organizers must inform participants that they will not be admitted if symptomatic;
- 5.2. Individuals who develop symptoms during the course of a meeting must immediately isolate and communicate with the CLSC.

6. Food and beverages

- 6.1. Distancing must be maintained when serving food, eating and drinking;
- 6.2. Cutlery must not be shared;
- 6.3. Face covering and masks must be worn at all times and may only be removed when eating or drinking.