



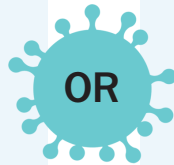
Can I go to work today?

Use this tool to know whether you should go to work today or not.
If you need help to decide, please call the **COVID-19 Health Line at 1-888-662-7482**
(Mon-Fri 8AM to 7PM, Sat-Sun 12PM-7PM) or call your CLSC.

Before going to work, check for symptoms.

One of these symptoms:

- Onset or worsening of a cough
- Fever (temperature of 38°C or higher, taken orally)
- Difficulty breathing
- Sudden loss of sense of smell (without nasal congestion, with or without loss of sense of taste)



Two of these symptoms:

- Nausea, vomiting or Diarrhea (in the last 12 hours)
- Muscle pain
- Headache
- Extreme fatigue
- Significant loss of appetite
- Sore throat

If you have symptoms, stay home and call the COVID-19 Health Line at 1-888-662-7482

(Open Monday-Friday 8am-7pm, Saturday and Sunday 12pm-7pm)
or call your CLSC.

You might need to be tested for COVID-19.

If you start having symptoms at your workplace:

- Wear a procedural mask (like the ones found in hospitals, not a cloth homemade mask)
- Isolate yourself in a designated room and stay 2 meters away from anyone else
- Call the COVID-19 Health Line for instructions as to testing

When can I go back to work?

- The COVID-19 Health Line will give you instructions as to when observation of symptoms is OK, and in what situations testing is needed.
- If your situation requires a COVID test, the Public Health team will call you with your result.
- Do not go back to work until instructed to.