



**Adult quit buddies (18 years and older)**

First Air tickets

**Young quit buddies (8 to 18 years)**

Air Inuit tickets

The 2018 edition of the (Stay) Quit to Win Challenge had close to 400 participants from throughout Nunavik. Statistics from 2018 are available on the [NRBHSS Web site](#).

*The Nunavik Regional Board of Health and Social Services is a public agency created in 1978 under the James Bay and Northern Québec Agreement. It is responsible for nearly the entire Québec territory located north of the 55<sup>th</sup> parallel in terms of the provision of health and social services for the inhabitants of the 14 communities.*

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**Source:** Nunavik Regional Board of Health and Social Services

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