

Tattoos and piercings: *Play it smart* *with* **bodyART**







Did you know that...






Any instrument or object (needle, metal point, tube, ink) can be a source of infection, hepatitis B & C and HIV for you and the artist?

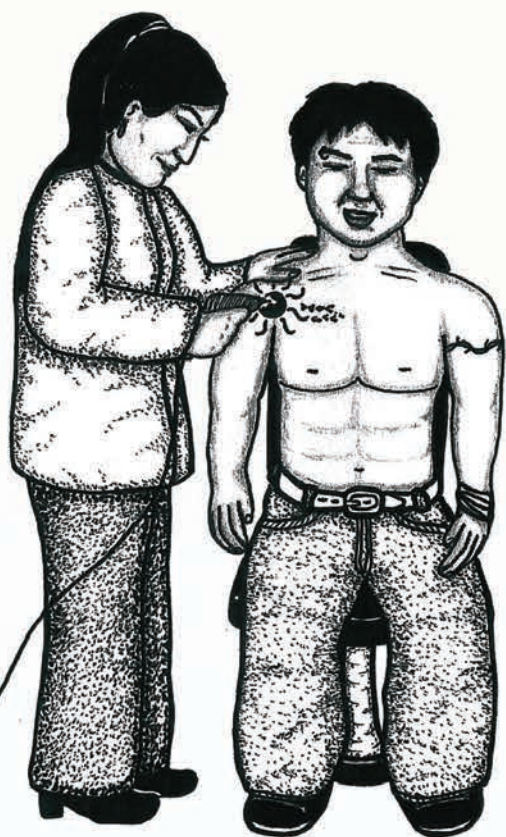
Reduce the risks!

What you can do...

-  Get immunized against hepatitis B
-  Wash your hands well before touching the tattoo or piercing site
-  Tongue or mouth piercings can cause nerve damage, scar tissue and difficulty chewing and speaking. If you get one, brush your teeth and floss twice a day.
-  Go to your CLSC if you think it may be infected

Your tattoo or piercing artist must ALWAYS...

-  Wash their hands and brush under the nails with soap and water before and after the procedure
-  Wear latex gloves (or latex-free if allergies)
-  Disinfect the skin before beginning
-  Use new or sterile materials
-  Disinfect work surfaces between each client



For more information, contact the nurse responsible for the Sexual Health Program at 819-964-2222 ext. 269



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