Meningococcal Quadrivalent Conjugate Vaccine

Vaccination,
the best protection

June 2026

Vaccination is the best protection against meningococcal infections and their complications. Meningitis (infection of the brain lining) and meningococcemia (infection of the blood) are two serious infections caused by meningococcus. There are different serogroups (or types) of meningococcus, among other serogroups A, B, C, W and Y. This vaccine protects against serogroups A, C, W and Y.

Disease	Signs and symptoms	Possible complications
Meningococcal infections	• High fever • Severe headache • Nausea and vomiting • General feeling of illness • Red marks or tiny pin-size hemorrhages or bruises on the skin	• Deafness • Scars • Permanent brain damage • Amputation of hands or feet • Death (5 to 15% of cases even after treatment)

The vaccine

Vaccination is the best protection against serogroups A, C, W and Y meningococcal infections and their complications. This vaccine is usually given at the age of 18 months and in Secondary 3. The vaccine is also recommended for persons with a high risk of infection from meningococcus. It is also recommended for persons travelling to regions where the risk of meningococcal infection is high.

Symptoms after vaccination

Some symptoms may be caused by the vaccine (e.g. redness at the injection site). Other problems may occur by chance and are not related to the vaccine (e.g. cold, gastro, headache).

Meningococcal quadrivalent conjugate vaccine is safe. Most reactions are harmless and do not last long.

Frequency	Possible reactions to the vaccine	What to do
In most cases (more than 50% of people)	• Pain at the injection site	• Apply a cold, damp compress at the injection site. • Use a medication for fever or discomfort if needed. • See a health professional if symptoms are severe.
Very often (less than 50% of people)	• Redness and swelling at the injection site • Headache, muscle pain, fatigue, discomfort, nausea, pain in joints, diarrhea, loss of appetite, irritability, drowsiness (sleepiness)	
Often (less than 10% of people)	• Fever, shivering, vomiting, skin rash	

We recommend that you stay at the clinic for at least 15 minutes after vaccination because allergic reactions may occur. If an allergic reaction occurs, the symptoms will appear a few minutes after the vaccination. The person giving the vaccine will be able to treat this reaction immediately.

For any questions, contact the person giving the vaccine, or Info-Santé 811 or a health professional.

Bâtir l'avenir

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RÉGIE RÉGIONALE DE LA SANTÉ ET DES SERVICES SOCIAUX DU NUNAVIK
NUNAVIK REGIONAL BOARD OF HEALTH AND SOCIAL SERVICES

Québec

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ᔫᓂ 2026

ᑲᐳᕐᑕᐅᓂᖅ ᓴᐗᓗᑦᓯᐊᖕᒍᓂᕐᐸᐅᕗᖅ ᖃᓇᑕᒃᑯᑦ ᐃᒻᒪᓈᒃᑯᑎᒥᒃ ᐱᔭᕇᐊᑦᑐᕈᑎᒋᒍᓐᓇᑕᖕᒋᓐᓂᓗ. ᖃᓇᑕᒃᑯᑦ ᐃᒻᒪᓂᖅ (ᖃᓂᒪᓐᓇᖅ ᖃᓇᑕᐅᑉ ᐆᖕᒐᓂ) ᐊᒻᒪᓗ ᐋᓐᓂᐊᖃᕐᓂᖅ ᐊᐅᒃᑯᑦ (ᐊᐅᒃᑯᑦ ᐋᓐᓂᐊᒃ) ᒪᕐᕉᒃ ᖃᓂᒻᒪᕈᑎᒻᒪᓇᐅᕗᒃ ᖃᓇᑕᒃᑯᑦ ᐃᒻᒪᓂᕐᒧᑦ. ᐊᑦᔨᑏᖕᖕᒋᑐᓂᒃ ᖃᓂᒻᒪᕈᓯᕐᖃᕐᑯᑦ (ᐊᑦᔨᑏᖕᖕᒋᑐᓂᓗᓐᓃᑦ) ᖃᓇᑕᒃᑯᑦ ᐃᒻᒪᕈᓯᕐᓂᑦ, ᐊᓯᖕᒋᓐᓂᓗ ᖃᓂᒻᒪᕈᓯᕐᓂᒃ A, B, C, W ᐊᒻᒪᓗ Y. ᑖᓐᓇ ᑲᐳᕐᑕᐅᒍᑎᒃ ᓴᐗᓗᑕᐅᔪᖅ ᖃᓂᒻᒪᕈᓯᕐᓂᑦ A, C, W ᐊᒻᒪᓗ Y.

ᖃᓂᒪᓐᓂᑦ	ᐃᓕᑦᑕᕐᓇᐅᑎᖕᒋᑦ ᒪᓗᓐᓇᐅᑎᖕᒋᓗ	ᐱᔭᕇᐊᑦᑐᒍᑎᐅᑐᐃᓐᓇᕆᐊᓖᑦ
ᖃᓇᑕᒃᑯᑦ ᐃᒻᒪᓂᕐᒧᑦ ᖁᐱᕐᕈᐊᕈᓯᑦ	• ᐆᓇᕐᕋᔪᖅ • ᓂᐊᕐᕐᕈᕆᒻᒪᕆᑦᑐᖅ • ᒥᕆᐊᖕᖕᒍᔪᖅ ᒥᕆᐊᕐᓕᑦᑐᖅ • ᖃᓂᒪᔪᖅ • ᐊᐅᐸᓗᑦᑕᖅ ᐅᕕᓂᖕᒐᓂ ᐅᕝᕙᓗᓐᓃᑦ ᒥᕈᔪᐊᐱᓐᓂᒃ ᐳᑦᓕᑐᓕᒃ ᐅᕝᕙᓗᓐᓃᑦ ᑎᑦᑐᔭᕐᑐᑦ ᐅᕕᓂᒻᒥ.	• ᑐᕐᖕᖕᒋᓕᓂᖅ • ᕿᓕᕈᐃᑦ • ᐊᒐᓐᓇᑐᒥᒃ ᖃᓇᑕᖅ ᓱᒃᑯᑕᐅᔪᖅ • ᓇᑲᑕᐅᒋᐊᓖᑦ ᐊᒃᒐᖕᒋᑦ ᐃᑎᒐᖕᒋᓗᓐᓃᑦ • ᑐᕐᑯᔪᑦ (5 ᓂᑦ 15% -ᓄᑦ ᖃᓂᒪᔪᑦ ᐋᓐᓂᐊᓯᐅᕐᑕᐅᒋᕐᑐᕕᓂᐅᒐᓗᐊᕐᒥᒃ)

ᑲᐳᕐᑕᐅᒍᑎᒃ

ᑲᐳᕐᑕᐅᒍᑎᒃ ᓴᐗᓗᑦᓯᐊᖕᒍᓂᕐᐸᐅᕗᖅ ᖃᓂᒪᓐᓇᓂᑦ A, C, W ᐊᒻᒪᓗ Y ᖃᓇᑕᒃᑯᑦ ᐃᒻᒪᓂᕐᓂᒃ ᐋᓐᓂᐊᓕᕈᑎᓂᒃ ᐱᔭᕇᐊᑦᑐᕈᑎᖕᒋᓐᓂᓗ. ᑖᓐᓇ ᑲᐱᔭᐅᒍᑎᐅᓲᖅ ᑲᐱᔭᐅᒍᑎᐅᓲᒍᕗᖅ ᑕᕐᕿᓕᓐᓂᒃ 18-ᓂᒃ ᐊᒻᒪᓗ ᐃᓕᓴᕐᑐᓂᒃ ᐳᕐᑐᓂᕐᓴᒦᑦᑐᓂᒃ 3-ᒥᒃ. ᑲᐱᔭᐅᓯᒪᕐᑲᑕᐅᕐᑯᔭᐅᒻᒥᔪᑦ ᐃᒻᒪᑐᐃᓐᓇᕆᐊᓖᑦ ᑲᓇᑕᐅᑉ ᐊᒥᐊᖕᒐᒍᑦ. ᑲᐳᕐᑕᐅᕐᑯᔭᐅᒻᒥᔪᑦ ᐃᓄᐃᑦ ᐊᐅᑦᓚᑲᑦᑕᓱᑦ ᓄᓇᓄᑦ ᐳᕐᑐᔪᒥᒃ ᖃᓇᑕᒃᑯᑦ ᐃᒻᒪᑐᐃᓐᓇᕆᐊᓕᕐᑕᓕᓐᓂ.

ᒪᓗᓐᓇᐅᑎᖕᒋᑦ ᑲᐳᕐᑕᐅᓚᐅᕐᑐᕕᓂᐅᓗᑎᑦ

ᐃᓚᖕᒋᑦ ᒪᓗᓐᓇᐅᑏᑦ ᓄᐃᒍᓐᓇᕐᑯᑦ ᑲᐳᕐᑕᐅᓂᕐᒧᑦ (ᐅᑦᑑᑎᒋᓗᒋᑦ ᐊᐅᐸᕐᓯᔪᖅ ᑲᐳᕐᑕᐅᕕᖕᒐ). ᐊᓯᖕᒋᑦ ᐱᓇᓗᒍᑦ ᓄᐃᑐᐃᓐᓇᕆᐊᖃᕐᒥᔪᑦ ᑲᐳᕐᑕᐅᓂᕐᒧᓚᖕᒐᒐᑎᒃ (ᐅᑦᑑᑎᒋᓗᒋᑦ ᓄᕝᕙᓂᕐᓂᖅ, ᐃᑎᑦᑕᓂᕐᓂᖅ, ᓂᐊᕐᕐᕈᕆᓂᖅ).

ᖃᓇᑕᒃᑯᑦ ᐃᒻᒪᓈᒃᑯᑎᒃ ᐊᑦᑕᓇᑦᑑᕗᖅ. ᐊᒥᓲᓂᕐᓴᑎᒍᑦ ᖃᓄᐃᒍᑎᐅᔪᑦ ᓱᒃᑯᓇᖕᖕᒋᓚᑦ ᐊᑯᓃᕐᑎᓗ.

ᖃᓄᐃᓪᓗᐊᓂᖕᒋᑦ	ᖃᓄᐃᒍᑎᐅᑐᐃᓐᓇᕆᐊᓖᑦ ᑲᐳᕐᑕᕕᓂᐅᓚᐅᕐᑐᓂ	ᖃᓄᐃᓗᕆᐊᓕᒃ
ᐊᒥᓲᓂᕐᓴᑎᒍᑦ (50%-ᓗᐊᓂᒃ ᐃᓄᓐᓂᑦ)	• ᐋᓐᓂᐊᔪᖅ ᑲᐳᕐᑕᐅᕕᖕᒐᒍᑦ	• ᓂᑦᓕᓇᕐᑐᒥ, ᐁᔪᖕᒐᔪᒥᒃ ᑲᐳᕐᕕᕕᓂᐅᑉ ᓇᓛᓗᕐᓯᓗᑎᑦ. • ᐆᓇᕐᕋᑏᒃᑯᑎᓂᒃ ᐱᓗᑎᑦ ᐅᓇᕐᕈᒍᕕᑦ ᒥᑦᓕᐅᕈᕕᑦᓗᓐᓂᑦ ᑎᐊᖃᓕᕈᕕᑦ. • ᑕᑯᓂᐊᕐᓗᑎᑦ ᐋᓐᓂᐊᕕᒻᒥ ᐱᓇᓱᑦᑎᒥᒃ ᒪᓗᓐᓇᐅᑏᑦ ᐱᒻᒪᕆᑉᐸᑕ.
ᐊᒥᓱᑦ (ᐃᕈᓐᓂᓴᑦ 50%-ᓂᒃ ᐃᓄᓐᓂᑦ)	• ᐊᐅᐸᕐᓯᔪᖅ ᐳᑦᓕᑦᓯᓂᓗ ᑲᐳᕐᑕᕕᕕᓂᖕᒐ • ᓂᐊᕐᕐᕈᓇᓂᖅ, ᓄᕈᓕᓇᓂᖅ, ᑕᖃᒪᓂᖅ, ᒥᑦᓕᐅᓂᖅ, ᒥᓇᐊᖕᖕᒍᓂᖅ, ᓇᒡᒍᐊᓕᓇᓂᖅ, ᐃᑎᑦᑕᓂᖅ, ᓂᓇᒍᒥᕐᓂᒃ, ᕿᓄᖕᒐᓂᖅ, ᐅᐃᑦᔭᖕᒍᕐᓂᖅ (ᓯᓂᒍᓯᓐᓂᖅ)	
ᐊᒥᓱᐃᑦ (ᐃᕈᓐᓂᓴᑦ 10%-ᓂᒃ ᐃᓄᓐᓂᑦ)	• ᐆᓇᕐᕈᓂᖅ, ᕿᐅᔭᒍᓯᓐᓂᖅ, ᒥᓇᐊᕐᓂᖅ, ᐅᕕᓂᒃᑯᒃ ᐱᕈᐊᑎᕐᕕᐅᓂᖅ	

ᓄᓇᓕᐅᑉ ᐋᓐᓂᐊᕕᖕᒐᓃᕐᑯᔭᕗᒍᑦ 15ᓂᒃ ᑕᕐᓴᐱᓐᓂᒃ ᑲᐳᕐᑕᐅᓚᐅᕐᑐᑎᑦ ᐱᑦᔪᑎᒋᑦᓯᒍ ᑎᒥᑉᐱᑦ ᐱᔭᕇᓴᔭᖕᖕᒋᐸᐅᒃ. ᑎᒥᑉᐱᑦ ᐱᔭᕇᓴᔭᖕᖕᒋᐸᐅᒃ, ᒪᓗᓐᓇᐅᑏᑦ ᓄᐃᓂᐊᕐᑐᑦ ᐊᒥᓲᑦᑐᐊᖕᒋᑐᑦ ᑕᕐᓴᐱᑦ ᓈᑎᑦᑐᒋᑦ ᑲᐳᕐᕕᕕᓂᐅᓚᕐᑐᑎᑦ. ᐃᓄᒃ ᑲᐳᕐᓂᔪᕕᓂᖅ ᐋᓐᓂᓯᐅᕆᑲᐱᒍᓐᓇᓂᐊᕐᒪᑦ ᖃᓄᐃᒍᑎᓐᓂᒃ.

ᐊᐱᕐᓲᑎᑦᓴᕐᖃᕈᑦᓯ, ᐅᕐᑳᕕᕐᖃᓇᑦᓯ ᐃᓄᒻᒥᒃ ᑲᐳᕐᓂᔪᕕᓂᕐᒥᒃ, ᐅᕝᕙᓗᓐᓃᑦ ᐅᕐᑳᓚᓗᑎᑦ ᐃᓗᓯᕐᒧᓚᖕᒐᔪᓂᒃ ᖃᐅᔨᒋᐊᕐᕕᒧᑦ 811ᒧᑦ ᐅᕝᕙᓗᓐᓃᑦ ᐋᓐᓂᐊᓯᐅᕐᑎᒥᒃ ᐅᕐᑳᕕᕐᖃᕐᓗᑎᑦ.