



NIHB

INFORMATION FOR PROVIDERS

MENTAL HEALTH COUNSELLING

The Non-Insured Health Benefits (NIHB) Program in Nunavik provides coverage for mental health counseling services to eligible beneficiaries when these services are not covered by social programs, private insurance plans, or Quebec's public health insurance plan. Please note that no prescription or medical referral is required.

COVERAGE

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- Up to 22 hours of counselling per calendar year, in person or by videoconference.
- Possibility of requesting an extension (determined on a case by case basis).
- Individual and group sessions (2 to 8 people), the latter offered if all participants are eligible.



EXCLUSIONS

- No reimbursement if a beneficiary cancels or misses an appointment.
 - The beneficiary is responsible for paying penalty fees in such cases.
- No reimbursement for missed appointments, including when due to a network or power outage.
 - The recipient remains responsible for paying the applicable penalty fees.
- Evaluations on behalf of a third party (school, employer, judicial entity, child custody authorities).
- Neuropsychological or other (Please validate before).

REQUEST FOR AUTHORIZATION

The service provider must send a request to: ssna.rrsssn@ssss.gouv.qc.ca



The request must include the following:

- Information regarding the beneficiary: name, date of birth, beneficiary identification number (5 digits, Makivvik card).
- No medical prescription or referral required.
- Information regarding the service provider: name, telephone number, address, permit number, hourly fee, number of sessions requested, void cheque.

Once the request is validated, the beneficiary will receive a letter of authorization specifying the number of sessions authorized as well as the amount covered under the policy and the fee schedule in effect.

BILLING INFORMATION

- Send invoices to: ssna.rrsssn@ssss.gouv.qc.ca
- Payment will be made by direct deposit within **3 weeks**
- A payment notice will be sent to you by email

FOR FURTHER INFORMATION

Web Site	Mental Health Counselling Policy – nrbhss.ca
Phone:	844-442-6442 (NHIB)
Email:	ssna.rrsssn@ssss.gouv.qc.ca



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