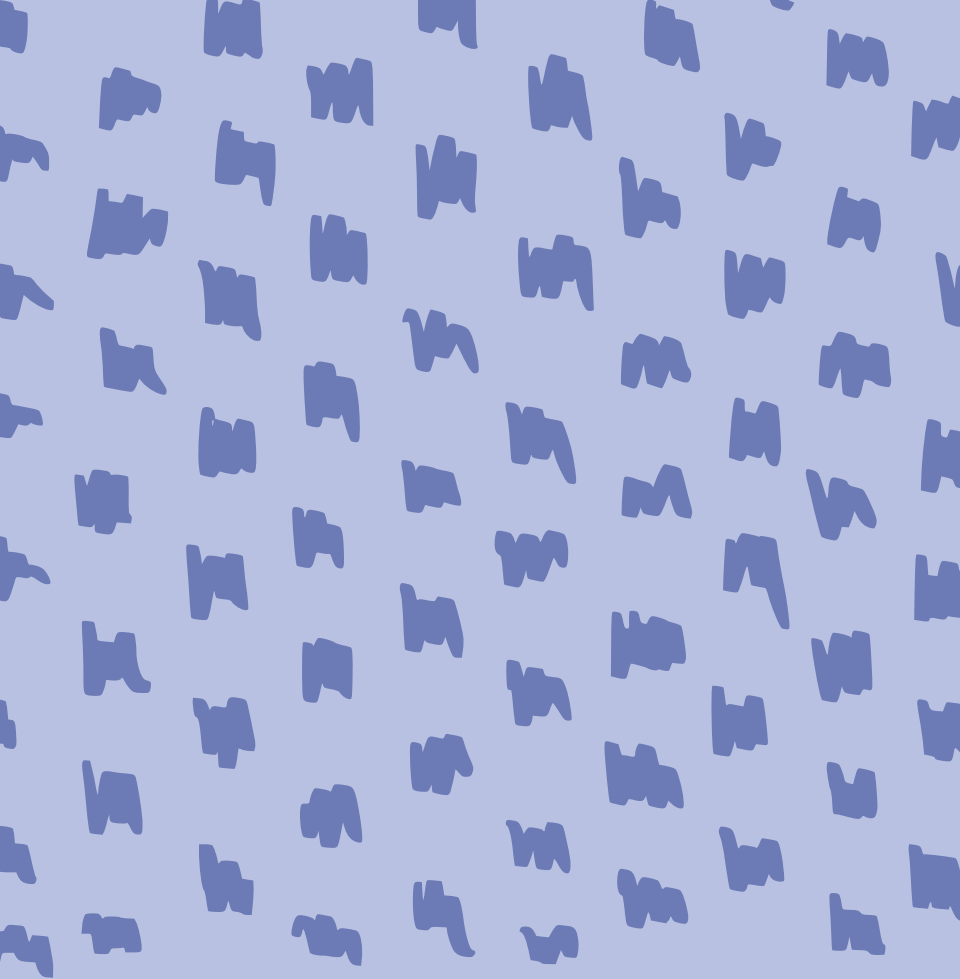
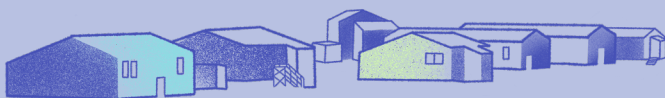




# Family Violence Resources Booklet for NUNAVIMMIUT





## SUMMARY

### Services

5 to 16

|                                    |    |
|------------------------------------|----|
| Social Services                    | 6  |
| Community Liaison Wellness Worker  | 8  |
| Police                             | 10 |
| Director of Youth Protection (DYP) | 11 |
| Women's Shelter                    | 12 |
| CAVAC Sapummijiit                  | 13 |
| Family House/Safe House            | 14 |
| Women's Association                | 15 |
| Men's Association                  | 16 |

### Help lines

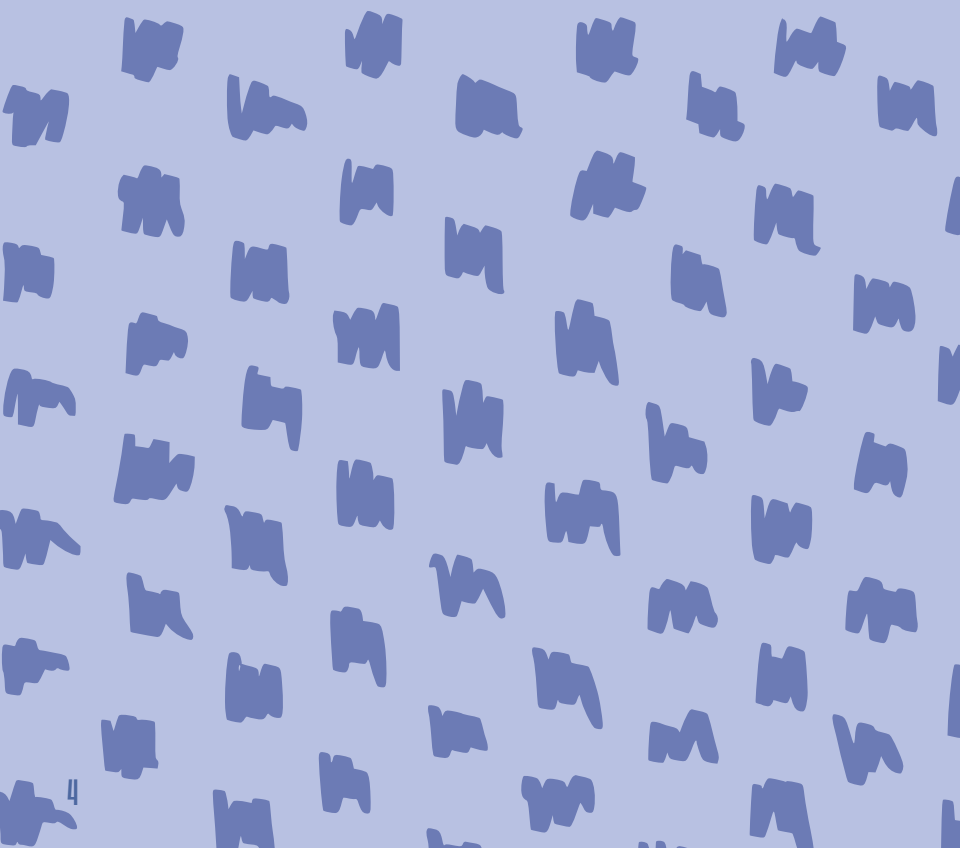
17 to 21

|                                                       |    |
|-------------------------------------------------------|----|
| Kamatsiaqtut Help Line                                | 18 |
| SOS Violence Conjugale                                | 19 |
| First Nation and Inuit Hope for<br>Wellness Help Line | 20 |
| Rebâtir                                               | 21 |

### Other resources & programs

22 to 30

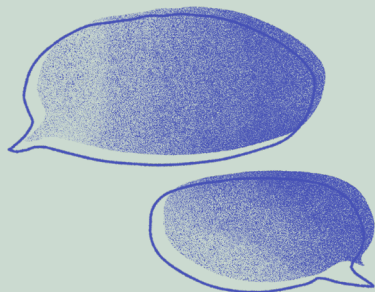
|                                  |    |
|----------------------------------|----|
| Aaqitauvik Healing Centre        | 23 |
| Homeless Shelter                 | 24 |
| Nunavimmi Ilagiit Papatauvunga   | 25 |
| Saqijuq (NRBHSS)                 | 26 |
| Transformative Life Skills (TLS) | 27 |
| Qullik (Makivvik)                | 28 |
| Facebook Reach Out Nunavik       | 29 |
| Local Employment Officers        | 30 |



# services



# Social Services



**In all communities, social services departments from both Health Centres act as first line services.**

The main focus of the social services department is psychosocial intervention, and includes, for example the following :

- Crisis intervention and emergency support services;
- Counseling for individuals, couples, families, and groups;
- Support to families experiencing difficulties, such as those related to parenting and family violence;
- Harm reduction related to addiction issues.





|                  |                                                          |
|------------------|----------------------------------------------------------|
| KUUJJUARAAPIK    | <b>819-929-3377</b><br><b>819-929-3376 - 24/7</b>        |
| UMIUJAQ          | <b>819-331-7019</b>                                      |
| INUKJUAQ         | <b>819-254-9108</b><br><b>819-254-8703 - 24/7</b>        |
| PUVIRNITUQ       | <b>819-988-2191 # 4718</b><br><b>819-988-2718 - 24/7</b> |
| AKULIVIK         | <b>819-496-2232 - 24/7</b>                               |
| IVUJIVIK         | <b>819-922-3096</b><br><b># 3556 - 24/7</b>              |
| SALLUIT          | <b>819-255-8829 - 24/7</b>                               |
| KANGIQSUJUAQ     | <b>819-337-9777 - 24/7</b>                               |
| QUAQTAQ          | <b>819-337-9777 - 24/7</b>                               |
| KANGIRSUK        | <b>819-337-9777 - 24/7</b>                               |
| AUPALUK          | <b>819-491-9777 - 24/7</b>                               |
| TASIUJAQ         | <b>819-337-9777 - 24/7</b>                               |
| KUUJJUAQ         | <b>819-337-9777 - 24/7</b><br><b>819-331-7494 - 24/7</b> |
| KANGIQSUALUJJUAQ | <b>819-337-9777 - 24/7</b>                               |

# Community Liaison Wellness Worker

Promotes awareness and ensures links between the communities and services. They run activities in prevention and promotion, facilitate workshops and run activities in the communities.





Monday - Friday - 9:00 AM - 5:00 PM

**KUUJJUARAAPIK** 819-929-3584  
cww.kuujjuaraapik@ssss.gouv.qc.ca

**INUKJUAQ** 819-254-0145  
cww.Inukjuak@ssss.gouv.qc.ca

**PUVIRNITUQ** 819-988-2191 # 4728  
cww.puvirnituaq@ssss.gouv.qc.ca

**AKULIVIK** 819-496-2678  
cww.akulivik@ssss.gouv.qc.ca

**SALLUIT** 819-255-8993  
cww.salluit@ssss.gouv.qc.ca

**KANGIQSUJUAQ** 819-338-1112  
clwp.kangiqsujuaq@ssss.gouv.qc.ca

**KANGIRSUK** 819-935-4388  
clwp.kangirsuk@ssss.gouv.qc.ca

**TASIUJUAQ** 819-633-5444  
clwp.tasiujaq@ssss.gouv.qc.ca

**KUUJJUAQ** 819-964-2905  
clwp.kuujjuaq@ssss.gouv.qc.ca

# Police

The Nunavik Police Service has an essential role in Nunavik communities of serving and protecting citizens in times of crisis and emergencies.

|                  | Emergency    | Day                            |
|------------------|--------------|--------------------------------|
| KUUVJUAARAAPIK   | 819-929-9111 | 819-929-3022                   |
| UMIUJAAQ         | 819-331-9111 | 819-331-7088                   |
| INUKJUAQ         | 819-254-9111 | 819-254-8144                   |
| PUVIRNITUQ       | 819-988-9111 | 819-988-2224 /<br>819-988-9962 |
| AKULIVIK         | 819-496-9111 | 819-496-2553                   |
| IVUJIVIK         | 819-922-9111 | 819-922-3586                   |
| SALLUIT          | 819-255-9111 | 819-255-8036                   |
| KANGIQSUJUAQ     | 819-338-9111 | 819-338-1008                   |
| QUAQTAQ          | 819-492-9111 | 819-492-9492                   |
| KANGIRSUK        | 819-935-9111 | 819-935-4763                   |
| AUPALUK          | 819-491-9111 | 819-491-7108                   |
| TASIUJAAQ        | 819-633-9111 | 819-633-5769                   |
| KUUVJUAQ         | 819-964-9111 | 819-964-2095                   |
| KANGIQSUALUJJUAQ | 819-337-9111 | 819-337-5453                   |



# Director of Youth Protection (DYP)

The mission of the Direction of Youth Protection (DYP) is to ensure the protection and the well-being of children who are victim of negligence, physical, psychological or sexual abuse or who present severe comportment problems. The DYP offers services of psychosocial nature and social integration and rehabilitation services, mainly under the Act on youth protection, the criminal justice law for adolescents and the law on healthcare and social services.

|                  |                                                  |
|------------------|--------------------------------------------------|
| KUUJJUARAAPIK    | 819-929-3859                                     |
| UMIUJAQ          | 819-331-7643 / 7875                              |
| INUKJUAK         | 819-254-8196 / 8580                              |
| PUVIRNITUQ       | 819-988-2191                                     |
| AKULIVIK         | 819-496-2730                                     |
| IVUJIVIK         | 819-922-3393                                     |
| SALLUIT          | 819-255-8135                                     |
| KANGIQSUJUAQ     | 819-338-9444                                     |
| QUAQTAQ          | 819-492-9444                                     |
| KANGIRSUK        | 819-492-9444                                     |
| AUPALUK          | 819-492-9444                                     |
| TASIUJAQ         | 819-492-9444                                     |
| KUUJJUAQ         | 819-964-2905 # 2874 - Day<br>819-272-5597 - 24/7 |
| KANGIQSUALUJJUAQ | 819-492-9444                                     |



## Women's Shelter

Women's shelters offer temporary and emergency shelter, protection, support and guidance to women and their children who are victims of family violence and/or who fear for their safety, 24/7.

### **Ajapirvik**

INUKJUAQ

**819-254-1414**

### **Initsiaq**

SALLUIT

**819-255-8817**

### **Tungasuvvik**

KUUJJUAQ

**819-964-0536**

# CAVAC Sapummijiit

Support Inuit victims of crime by accompanying them through the judicial process. Services are confidential, free of charge and available in English and Inuktitut.

**sapummijiit@krg.ca**

KANGIQSUJUAQ / ASIUJAQ /  
AUPALUK / KANGIRSUK /  
QUAQTAQ / KANGIQSUALUJJUAQ

**819-964-2086 / 4-2053**

**Toll-free: 1-866-778-0770**

SALLUIT / IVUJIVIK

**819-255-8328**

**Toll-free: 1-855-255-8328**

PUVIRNITUQ / AKULIVIK

**819-988-2867**

**Toll-free: 1-844-988-2867**

INUKJUAQ

**819-254-8170**

**Toll-free: 1-888-254-8170**

KUUJJUARAAPIK / UMIUJAQ

**819-929-3742**

**Toll-free: 1-888-929-3742**

**krg.ca**

# Family House / Safe House

## Tasiurvik

KUUJJUARAPIK

819-929-3277

tasiurvikfamilyhouse@gmail.com

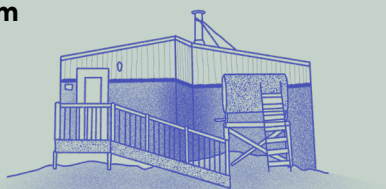
## Pituaat

PUVIRNITUQ

819-988-2323

family.house.pituaat@outlook.com

 Family House Pituaat



## Iqitsivik

SALLUIT

819-255-8338

iqitsivik@outlook.com

 Iqitsivik Salluit Family House

## Mianirsivik

KANGIQSUJUAQ

819-338-0654

819-338-0888 /

1138 after hours, Social Services

 Mianirsivik Family House

## Qarmaapik

KANGIQSUJUAQ

819-337-5597 / 819-337-5307 after hours

coordinator@qarmaapik.ca

 Qarmaapik

# Women's Association

Supports Inuit women of Nunavik aged 16 and over to take positive actions to improve their social and economic well-being.

## **Saturviit Women Association**

Regional (MONTREAL)

**1-866-944-5003**

**Info@saturviit.ca**

**saturviit.ca**





# Men's Association

## **Qimutjuit Association**

**KUJJUARAAPIK**

**qimutjuit@gmail.com**

## **Unaaq Men's Association**

**INUKJUAK**

**819-254-8606**

**unaaqmen@xplornet.ca**

 **Unaaq Men's Association of Inukjuak**

## **Qajaq Men's Network**

**Regional (KUJJUAQ)**

**1-877-964-0770**

 **Réseau QAJAQ Network**

# Help lines



# Kamatsiaqtut Help Line

Provides anonymous and confidential telephone counseling for all northerners, to talk about personal issues or crisis.

Regional (NUNAVUT)

**1-800-265-3333**

24/7 - toll-free, Inuktitut or English

**[nunavuthelpline.ca/contact-form](https://nunavuthelpline.ca/contact-form)**

**[nunavuthelpline.ca](https://nunavuthelpline.ca)**

 **Nunavut Kamatsiaqtut Helpline**

# SOS Violence Conjugale

Support for victims of domestic violence and their children throughout Quebec, by offering free, bilingual, anonymous and confidential referral services.

Regional (QUEBEC)

**1-800-363-9010**

**438-601-1211** text messages

**24/7** English and French

Chat: [resourceconnect.com/sosvc/chat](https://resourceconnect.com/sosvc/chat)  
or on [sosviolenceconjugale.ca](https://sosviolenceconjugale.ca)



# First Nation and Inuit Hope for Wellness Help Line

Provides immediate, culturally appropriate telephone crisis intervention counselling support.

Regional (CANADA)

**1-855-242-3310**

24/7 English and French

**Chat: [hopeforwellness.ca](https://hopeforwellness.ca)  
[hopeforwellness.ca](https://hopeforwellness.ca)**

# Rebâtir

Provides legal consultation free of charge for victims of sexual abuse and domestic violence.

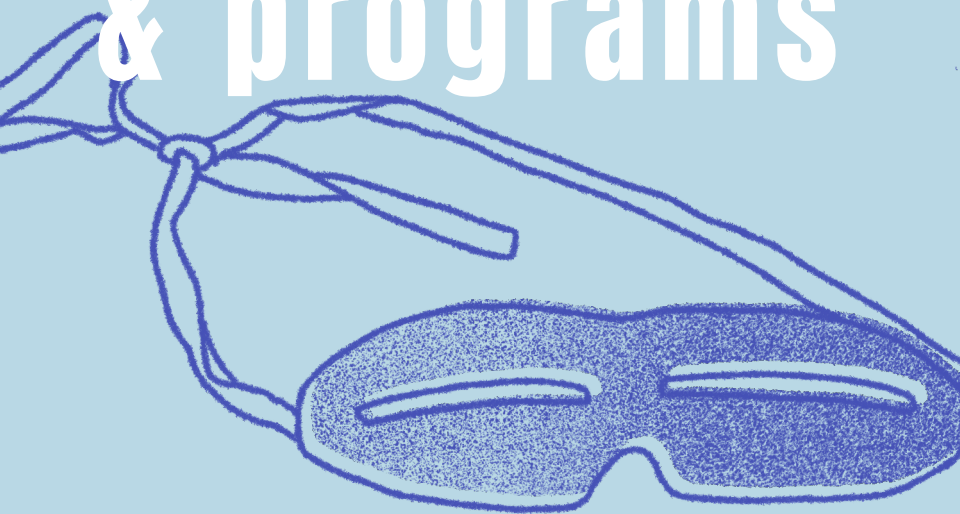
Regional (QUEBEC)

**1-833-732-2847**

**8:30 a.m. to 4:30 7/7 English and French**

**rebatir.ca**

# Other resources & programs



# Aaqitauvik Healing Centre

Assists Inuit who have experienced different forms of trauma by providing access to services and appropriate programs where healing can occur.

**QUAQTAQ**

**819-492-9145**

**manager@aaqitauvik.ca**

**aaqitauvik.ca**

# Homeless Shelter



KUUJJUAQ

Only open during winter

**819-964-1820**

**819-964-2943**

# Nunavimmi Ilagiit Papatauvinga

Offers culturally adapted care  
for youth and families of Nunavik.

Regional (KUUVJUAQ)

**1 819-988-0817**

Email: [nunaviknip.nrbhss@ssss.gouv.qc.ca](mailto:nunaviknip.nrbhss@ssss.gouv.qc.ca)

 **NIPNunavimmillagiitPapatauvinga**

## **Saqijuq (NRBHSS)**

Dedicates to promoting healthy lifestyles and reducing addiction-related crimes in Nunavik communities.

### **On-the-Land Program:**

On-the-land camps for everyone, to acquire valuable skills in traditional activities (hunting, fishing, building, etc.) while learning from knowledgeable elders.

### **Nitsiq (Nunavik Wellness Court):**

Alternative to traditional justice. Participants serve their sentences through counseling and treatment in the community or on the land.

[ungava@saqijuq.com](mailto:ungava@saqijuq.com) or [hudson@saqijuq.com](mailto:hudson@saqijuq.com)

 **Saqijuq**

### **Saqijuq Mobile Intervention Team (MIT) :**

Consists of a Social Worker and a Nunavik Police Service officer, to respond to and effectively de-escalate situations, with a focus on fostering safety and well-being for individuals and the entire community.

**819-988-2957 # 4677 - 24/7**

# Transformative Life Skills (TLS)

Offers workshops on mindfulness  
and stress resilience.

Regional

On request

**info@tlsnunavik.org**

**tlsnunavik.org**

 **TLSNunavik**

# Qullik (Makivvik)

Offers workshops on healthy relationships in the communities, for men, women, and couples. The program will be available not only to people in the justice system but also to anyone interested.

**KUUVJUARAPIK: 819-929-3650**

**1-833-929-3650**

**INUKJUAQ: 819-254-0929**

**1-833-254-0929**

**PUVIRNITUQ: 819-988-2644**

**1-833-988-2644**

**SALLUIT: 819-255-8244**

**1-833-255-8244**

**KANGIRSUK: 819-935-4616**

**1-833-935-4616**

**AUPALUK: 819-491-7010**

**1-833-491-7010**

**KUUVJUAQ: 819-964-2925**

**KANGISUALUJJUAQ: 819-337-5271**

---

**NUNAVIK JUSTICE OFFICER:**

**1-800-361-7052 # 2347**

**INUIT NUNAVIK JUSTICE ASSISTANT:**

**1-800-361-7052 # 2201**

# Facebook Reach Out Nunavik

Aims to support everyone who needs help by sharing information about resources available in the region. REACH OUT is also a great tool to get together and promote positive lifestyles.

 **Δᑲᓴᐱᕈᕐᕐ - REACH OUT Nunavik**

# Local Employment Officers

(LEO - Kativik Regional Government)

Provide employment services as well as information about further education, training, job opportunities and financial support that can be of great assistance to victims of violence.

|                 |                              |
|-----------------|------------------------------|
| KUUJJUARAAPIK   | 819-929-3552<br>819-929-3638 |
| UMIUJAQ         | 819-331-7346                 |
| INUKJUAQ        | 819-254-8760                 |
| PUVIRNITUQ      | 819-988-2733                 |
| AKULIVIK        | 819-496-2437                 |
| IVUJIVIK        | 819-922-3328                 |
| SALLUIT         | 819-255-8801                 |
| KANGIQSUJUAQ    | 819-338-3327                 |
| QAAQTAQ         | 819-492-9183                 |
| KANGIRSUK       | 819-935-4406                 |
| AUPALUK         | 819-491-7353                 |
| TASIUJAQ        | 819-633-9924                 |
| KUUJJUAQ        | 819-964-2961                 |
| KANGIQSUALUJUAQ | 819-337-5204                 |
| MONTREAL        | 514 564-3051 # 230           |





ᐱᐱᐱᐱ ᐱᐱᐱᐱᐱᐱᐱᐱ ᐱᐱᐱᐱᐱᐱ  
REGIO REGINA EDIA N. NAVIK REGIONAL  
SANTÉ ET SERVICES SANTÉ REGIONAL  
SANTÉ ET SERVICES SANTÉ REGIONAL

