

A LOOK BACK ON THIS SUMMER'S ACTIVITIES

On the **Hudson** coast

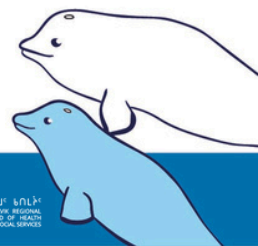
The Tasiurtigiit team experienced a fruitful season, marked by several key initiatives supporting early childhood development and family wellness along the Hudson coast. For the first time, preschool summer camps were organized in two communities, allowing children to build routines, confidence, and early learning skills in a culturally safe environment. Families welcomed these camps as they helped ease the transition into school.



Finally, the Tasiurtigiit team participated in the Early Childhood Symposium, where teams took part in reflection sessions, decision-making discussions, guideline reviews, and knowledge-sharing on the challenges faced by frontline workers.



The team also achieved near-full staffing, with many Turaartaviit now providing culturally adapted services based on community values and knowledge. In collaboration with Ilagiilluta and local addiction teams, they organized FASD Awareness Day in most Hudson Coast communities. These events focused on education, reducing stigma, and promoting community dialogue around Fetal Alcohol Spectrum Disorder (FASD).



A LOOK BACK ON THIS SUMMER'S ACTIVITIES

On the Ungava coast



The summer of 2025 was marked by the strong commitment of the Tasiurtigiit team at the Ungava Tulattavik Health Centre, which carried out activities in several Nunavik villages. The team implemented interventions adapted to the needs of children and families, in a spirit of closeness, collaboration, and respect for each community's cultural realities.

Summer Camp in Kangiqsujaq

In Kangiqsujaq, a summer camp was organized for children supported by the Tasiurtigiit program. In a group setting, children benefited from intensive interventions while having the chance to explore, experiment, and play through activities promoting their motor, language, and social development. This safe and caring environment allowed them to progress at their own pace and experience meaningful successes.

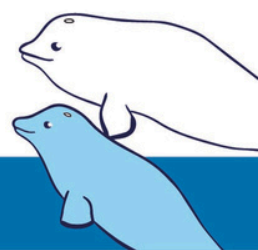


Ready for School

Held in Kuujjuaq, Kangiqsujaq, and Kangiqsualujjuaq, the Ready for School activity was designed for children aged 4 to 6 who were starting kindergarten in fall 2025. This stimulation group allowed children to practice various skills in a fun and structured environment. The sessions focused on fine motor skills, while also supporting overall motor development, communication, and autonomy.



Both projects were made possible thanks to the mobilization of local teams, the collaboration of families, and the support of community partners. A heartfelt thank-you to everyone who helped make this summer a time full of learning, connection, and smiles.



TASIURTIGIIT FLASHCARDS: NEW TOOLS FOR EARLY CHILDHOOD DEVELOPMENT

We are proud to announce the launch of a new series of early childhood vocabulary **flashcards** across Nunavik.

Initially developed at the Inuulitsivik Health Centre, the project is now being expanded regionally to support families, educators, and community workers on both coasts.



Objective

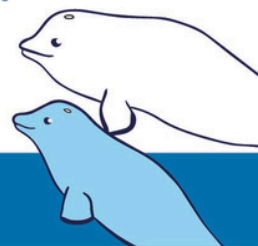
More than a simple teaching tool, these flashcards strengthen language, identity, and family bonds, helping children gain confidence and develop their skills from an early age. The first deliveries were sent in the spring to the two health centres, which ensured distribution within their communities.

Highlights

Each durable and colorful set includes 87 words divided into five categories — **Animals, Clothes, Food, Toys, and Transport** — and is available in English, French, and the Hudson and Ungava Inuktitut dialects. Designed to encourage play, learning, and language development, the cards can be used at home, in schools, or within the community.



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Tasiurtigiit Newsletter

Fall 2025

TASIURTIGIIT PAMPHLETS NOW AVAILABLE

A total of 1,200 pamphlets were shipped earlier this fall **to the Inuulitsivik Health Centre and the Ungava Tulattavik Health Centre for distribution** to staff and partners. Their goal is to help families learn more about the Tasiurtigiit program and understand how to access its services.

The new pamphlets highlight how Tasiurtigiit supports young children's development through the Inunnguiniq philosophy.

They describe the program's services — from personalized support and stimulation groups to family and community activities — and introduce the professionals who work alongside families.

To ensure accessibility for all Nunavimmiut, the pamphlets were adapted into **English, French, and the Hudson and Ungava Inuktitut dialects.**



Supporting the Development of Nunavimmiut Children

Who is it for?

Tasiurtigiit is for children aged 0-6 who need extra support due to developmental challenges, ranging from minor to significant needs. Services can also continue during the transition to school and throughout the school integration process.

How We Help:

- ♥ We help families, community workers, daycare educators and kindergarten teachers support children's growth, providing follow-ups, tools and guidance to overcome challenges.
- ♥ Tasiurtigiit can connect families with professionals like physiotherapists, nutritionists, and speech therapists to support child development.



What is Tasiurtigiit?

Guided by the **Inunnguiniq** philosophy, the Tasiurtigiit program helps families seeking assistance to foster the development of their young children. Our services are centered around early childhood development and focus on socializing, educating, and ensuring that children receive the care they need to prepare them for life.

Services We Offer:

- Personalized Support:** Sessions with health care professionals to nurture children's development.
- Family Support:** Home visits and assistance for families who request them.
- Community Events:** Outings on the land, summer activities for children and other seasonal gatherings open to all.
- Stimulation Groups:** Fun skill-building sessions at the CLSC, daycares, schools & community organizations.
- Resources & Education:** Support and training for Tasiurtigiit partners in the community.



Inunnguiniq: Inuit Approach to Raising children

Inunnguiniq is the Inuit way of raising well-rounded children, emphasizing respectful relationships, responsibility, and preparing children for the future. It helps children develop confidence, problem-solving skills, and a strong connection to their community. Through Inunnguiniq, children grow with resilience, creativity, and adaptability, shaping them into capable members of society. This philosophy supports lifelong development from childhood to elderhood.



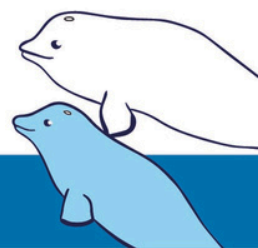
Contact Us:

For more information, to seek services or to refer a child, reach out:

Hudson Coast:
agirtot.csi@ssss.gouv.qc.ca

Ungava Coast:
agirtot.cstu@ssss.gouv.qc.ca
Visit the Tasiurtigiit section of the NRBHSS website

*For children aged 7 and older, please contact your CLSC





TRIBUTE TO MARIE-CLAUDE PÉLOQUIN'S CONTRIBUTION TO THE TASIURTIGIIT PROGRAM

Marie-Claude Péloquin played a pivotal role in the launch and development of the Tasiurtigiit program through her work at the Nunavik Regional Board of Health and Social Services (NRBHSS). From its creation, she assumed regional responsibility, and beginning in 2022, continued her involvement as co-lead during a period of major growth.

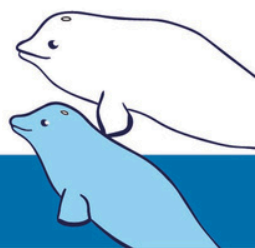
Her close collaboration with health centre teams helped build a strong regional vision rooted in Nunavik realities. She ensured that the program remained relevant, culturally safe, and truly responsive to the needs of children and families.

Through her unifying leadership and deep commitment to Nunavimmiut, Marie-Claude helped shape the continuum of services we are proud of today. Her contribution was essential to ensuring that young children and their families receive caring, coordinated, and forward-looking support.

Marie-Claude now continues her path within the Planning and Programming Directorate of the NRBHSS in a new role. The entire Tasiurtigiit team wishes her great success in this next chapter.



THANK YOU





? WHAT IS TASIURTIGIIT ?

Tasiurtigiit is an adaptation of the Agir tôt program for Nunavik. The program promotes access to a continuum of services adapted to the needs of children from birth to age 6. It also aims to identify signs of challenges in children's development as early as possible to direct them and their families to the right services as soon as possible

i INTERESTED IN WORKING WITH CHILDREN?

Some Turaartaviit positions are currently available, and more will be opening soon.

For more information, contact:

- **Hudson:** recrutement.csi@ssss.gouv.qc.ca or (819) 988-2130
- **Ungava:** agirtot.cstu@ssss.gouv.qc.ca or (819) 964-2905 #445 / #228



i HOW TO REFER A CHILD TO THE PROGRAM

NOTE: The consent of a child's parent/guardian is required.

On the **Hudson Coast**

- Referrals are made by sending a completed Agir tôt form to agirtot.csi@ssss.gouv.qc.ca. This form is available on the Inuulitsivik Health Centre's intranet (Direction des services professionnels / Agir Tôt tab) and can be obtained through a CLSC/Nursing Station or the local Early Childhood Home (Ilagiilluta).

On the **Ungava Coast**

- Partner referrals are made by sending a completed CLSC/Nursing Station referral form to clsc.intake@ssss.gouv.qc.ca. This form can be obtained through CLSC/Nursing Stations. Families are encouraged to contact us by email with their questions (agirtot.cstu@ssss.gouv.qc.ca).

