

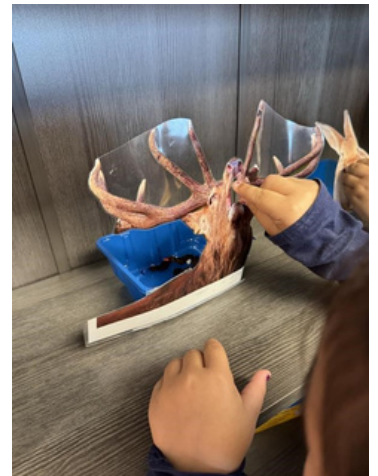
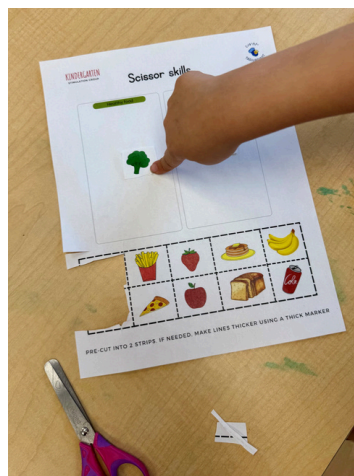
FALL ACTIVITIES ON THE UNGAVA COAST

This fall, the Tasiurtigiit team organized exciting activities on the Ungava coast, promoting early childhood development through hands-on learning and community engagement. Here's a look at two key initiatives that took place in Kuujjuaq, Kangiqsujuaq, and Kangiqsualujjuaq.

Kindergarten Groups: Strengthening Motor Skills and School Readiness

For the second year in a row, Tasiurtigiit has supported kindergarten students in developing fine motor skills essential for school success. In November, school teams in Kuujjuaq, Kangiqsujaq, and Kangiqsualujjuaq received weekly activity plans from an occupational therapist, featuring creative exercises and strategies.

With the help of kindergarten and special education teachers, children practiced pencil control, cutting with scissors, and coordinating their movements through playful activities. These sessions also provided teachers with practical strategies to support motor development and identify students who might need additional help. Our goal is to continue and expand these groups to more communities in the coming years!

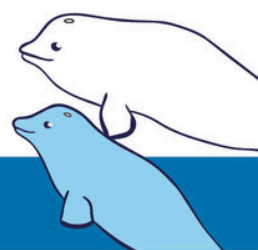


Brunch & Conversation on Speech Development

In Kangiqsujuaq, Tasiurtigiit and the social services team from Mianirsivik Family House hosted a brunch focused on speech stimulation. Families learned about the importance of speech development and effective ways to support their children's language skills. They also shared their experiences in a warm and encouraging setting.

Tasiurtigiit remains committed to empowering families and communities in early childhood development.

Stay tuned for more events!



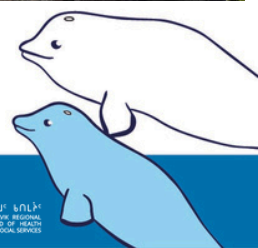
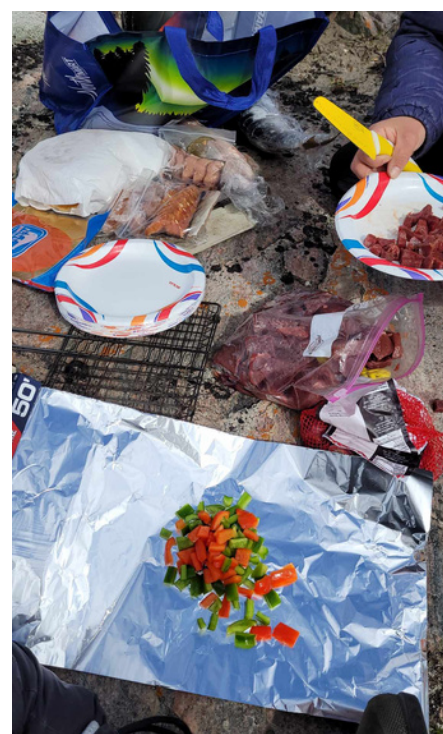
TASIURTIGIIT ACTIVITIES: CELEBRATING FALL ON THE HUDSON COAST

This fall, Tasiurtigiit organized outdoor activities across the Hudson coast, fostering family connections and time in nature. Canoe trips, berry picking, and picnics provided opportunities for relaxation, bonding, and learning, while also raising awareness about special needs and promoting positive family dynamics.

A key milestone was the introduction of sensory bins in each community. These versatile tools—filled with camping gear, pretend food, and emotion-based activities—help Tasiurtigiit workers support children's development.

Another highlight was Fetal Alcohol Spectrum Disorder (FASD) Awareness Day, with activities recorded and shared online to help spread awareness.

With the support of Tasiurtigiit's local and flying teams, alongside Ilagiilluta, these initiatives have created meaningful experiences for families across the region. Through ongoing efforts, Tasiurtigiit continues to strengthen family bonds, early childhood development, and community well-being throughout Nunavik.

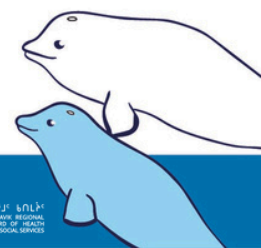


SAFE SERVICES FOR YOUNG NUNAVIMMIUT AND THEIR FAMILIES (2/2)

Embedding Services in Inuit Culture and Strengthening Cultural Safety

To reinforce the cultural foundations of the program, the Regional Board enlisted Shirley Tagalik, a board member of the Arviat Aqqiumavvik Society, who has contributed extensively to research and programming on Inuit child development and education. She conducted an in-depth review of the framework, incorporating valuable knowledge on Inuit culture and child socialization, particularly through Inuit Qaujimajatuqangit and the Inunnguiniq principles.

Once the regional framework for the Tasiurtigiit program is completed, activities will be organized to help all program teams and relevant professionals adopt it. These will provide opportunities to raise awareness about the realities of the communities served and support skill development in cultural safety within the Nunavik context.



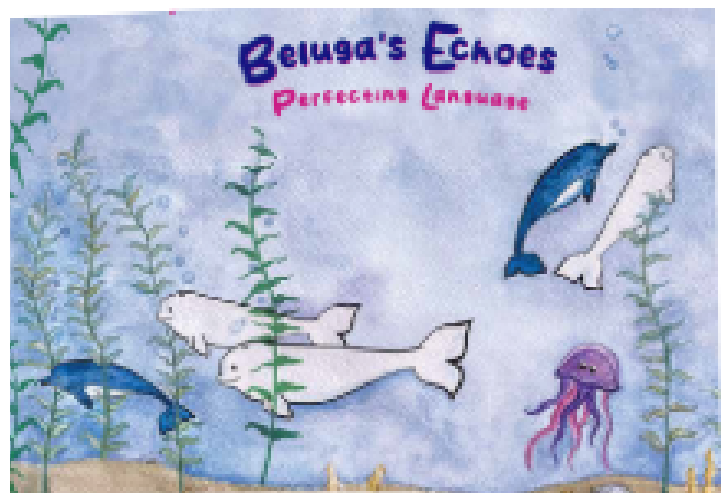
NEW CHILDREN'S STORIES COMING TO NUNAVIK!



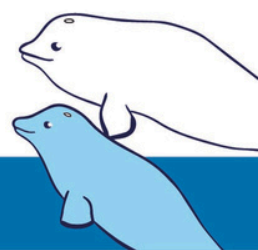
This winter, four delightful children's stories by Majii Putulik will be distributed across Nunavik! Originally created as short comics to share child development tips with parents, these stories have been transformed into beautifully illustrated booklets with the support of Kelly Ann Gleason and the Tasiurtigiit team.



Catherine Marshall refined Majii's illustrations, designed the layouts, and added fun coloring and cut-out activities on detachable pages. Funded by the First Nations Child First Initiative and coordinated by the Nunavik Regional Board of Health and Social Services, these booklets are valuable tools for the Tasiurtigiit team to engage families in discussions about child development.



With soft pastel colors, Nunavik wildlife characters, and playful activities, the booklets—available in Inuktitut and English—will enrich family libraries and introduce young Nunavimmiut to reading before school.





? WHAT IS TASIURTIGIIT ?

Tasiurtigiit is an adaptation of the Agir tôt program for Nunavik. The program promotes access to a continuum of services adapted to the needs of children from birth to age 6. It also aims to identify signs of challenges in children's development as early as possible to direct them and their families to the right services as soon as possible

i INTERESTED IN WORKING WITH CHILDREN?

Some Turaartaviit positions are currently available, and more will be opening soon.

For more information, contact:

- **Ungava:** agirtot.cstu@ssss.gouv.qc.ca or (819) 964-2905 #445 / #228
- **Hudson:** recrutement.csi@ssss.gouv.qc.ca or (819) 988-2130



i HOW TO REFER A CHILD TO THE PROGRAM

NOTE: The consent of a child's parent/guardian is required.

On the Hudson Coast

- Referrals are made by sending a completed Agir tôt form to agirtot.csi@ssss.gouv.qc.ca. This form is available on the Inuulitsivik Health Centre's intranet (Direction des services professionnels / Agir Tôt tab) and can be obtained through a CLSC/Nursing Station or the local Early Childhood Home (Ilagiilluta).

On the Ungava Coast

- Partner referrals are made by sending a completed CLSC/Nursing Station referral form to clsc.intake@ssss.gouv.qc.ca. This form can be obtained through CLSC/Nursing Stations. Families are encouraged to contact us by email with their questions (agirtot.cstu@ssss.gouv.qc.ca).

