



Tasiurtigiit Newsletter

Winter 2026

A LOOK BACK ON HUDSON COAST ACTIVITIES



New Facilities in Akulivik!

December 2025 marked a real success in Akulivik with the opening of the new Tasiurtigiit space.

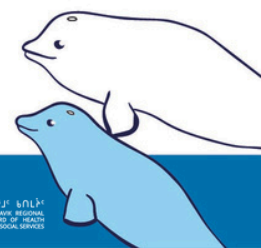
Thanks to speech-language pathologists **Alexandra Lauzon** and **Sophie Ouadghiri**, along with dedicated Turaartavik worker Malaiya Weetaluktuk, a gathering was held for young families, bringing together more than 11 adults and 4 children.

Services were provided to children experiencing language difficulties, and information was shared with partners to increase awareness of available services.

The team also helped make the new space more functional to better support young families.



Congratulations to the entire team!





A LOOK BACK ON HUDSON COAST ACTIVITIES

The Flying Team Is Fully Staffed

The professional Flying Team is now complete (speech-language pathologists, occupational therapist, physiotherapists, special education educator, and nutritionist) and serves the entire Hudson Bay coast (7 communities).

The team has developed strong collaborations with pediatrician Dr. Jessica Monteiro's team, combining their expertise and availability to better support children and their families.

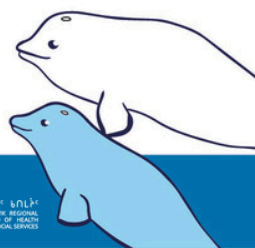
ABCdaire Screenings in Umiujaq

A strong collaboration was established between our Tasiurtigiit team (Amanda Novalinga and Valentina Fleming, Turaartaviit) and Maite Cyr Bruneau, a maternity nurse at CSI. Together, they began ABCdaire 3-year-old screenings in Kuujjuarapik at the Ilagiilluta (Family House).



A big thank you to the Umiujaq team (Michele Epoo and Alice Fleming, Turaartaviit), whose support made this collaboration possible and who are also implementing the initiative in Umiujaq. Thank you as well to Maaji Putulik and Malaiya Weetaluktuk, Turaartaviit in Inukjuak, for their support.

This is a great example of Tasiurtigiit teamwork along the coast. We look forward to continuing these valuable collaborations in 2026.





A LOOK BACK ON **UNGAVA** COAST ACTIVITIES

Pause your Screen Challenge

Last December, the Tasiurtigiit program, in partnership with UTHC Community Services, organized a week focused on raising awareness about screen use.

The objective was simple:

- Encourage reflection on digital habits
- Increase understanding of how screens impact family life
- Highlight the effects of screen-time on children's development

TULATTAVIK More information on the CLSC Facebook page.

PAUSE YOUR SCREEN KUUJJUAQ

TUE DEC 9	WED DEC 10	THU DEC 11
12-1pm Lunchtime FM radio show for youth	12-1pm Lunchtime FM radio show for families	24 HOUR CHALLENGE

12-1pm
FM radio show
for adults

3-6pm
Games & crafts
for younger kids
& families
5207

4-8pm
HotSpot
for youth
562

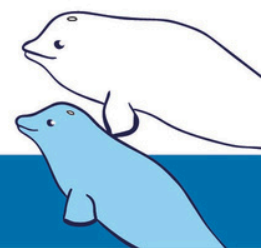
PRIZES TO BE WON AT EACH ACTIVITY!

Lunchtime Radio Shows

Lunchtime radio shows held on December 8, 9 and 10 explored the impacts of excessive screen-time, particularly on young children. Community members shared concerns that the increasing presence of YouTube and social media may also influence how often children use Inuktitut in their daily lives. Practical strategies for reducing screen use were shared, and listeners participated actively in the discussions.

24H Pause Your Screen Challenge

On December 11, Nunavimmiut were invited to take part in the “24H Pause Your Screen” challenge, encouraging everyone to spend a full day without social media, video games or streaming platforms.



A LOOK BACK ON **UNGAVA** COAST ACTIVITIES

Pause your Screen Challenge

To support the challenge, **screen-free activities** were organized in two communities:

📍 In Kangiqsualujjuaq, Tasiurtigiit (in partnership with Ulluriaq School) organised:

- **Outdoor sliding activity** : Hot chocolate for participants

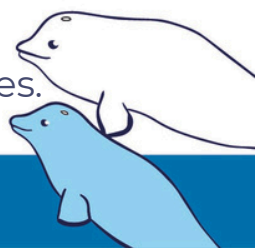
📍 In Kuujuaq, Tasiurtigiit and Ilagiilluta hosted:

- **Cookie decorating** : Games for families with young children



🌱 A Balanced Approach

This week helped many families and youth recognize how present screens are in daily life. While technology plays an important role in staying connected, the initiative promoted a more balanced and mindful use of screens — especially during the holiday season, when screen-time often increases.





RESUMPTION OF THE **AEC IN SPECIAL EDUCATION:** A KEY STEP FOR THE TURAARTAVIIT

The training leading to the Attestation of College Studies (ACS) in Special Education is back up and running in Nunavik!

After a pause in the program that began in 2023, the Turaartaviit already enrolled can now continue their training directly in their workplace, on the job, and in a format adapted to the realities of their communities.

This return of this training marks an important moment for the Turaartaviit, whose role is essential in supporting children with developmental challenges and their families directly within their community. Their work is at the heart of the Tasiurtigiit program, and this professional training aims to strengthen their skills, recognize their contribution, and ensure consistent, high-quality practices across the region.

Turaartaviit

Field of application	Program name	Partner
Special Education	Attestation of College Studies in Special Needs Educator – First Nations and Inuit Children	Cégep de Saint-Félicien

A New Approach: Recognition of Acquired Competencies (RAC)

To ensure the continuity of the project, the training is now delivered through a Recognition of Acquired Competencies (RAC) process, in collaboration with Cégep Saint Félicien.

This model allows Turaartaviit to have their competencies—already developed through their work—recognized and to complete the learning required to obtain the ACS.

The content covering the full scope of the Special Education program, including work with children aged 0–12, will be adapted to their context of intervention.

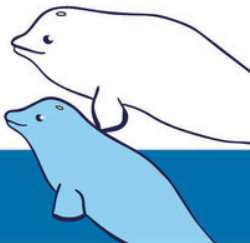


Camilla is Back!

The students are reunited with Camilla, the teacher who was greatly appreciated in 2023–2024. She is reconnecting individually with each participant and will be travelling to several communities over the next few weeks to provide personalized, onsite support—an approach especially valued by the Turaartaviit.

What's Next

For now, only the students already engaged in the training will continue their pathway. Additional Turaartaviit will be able to join the program once this new training cycle is fully underway.





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? WHAT IS TASIURTIGIIT ?

Tasiurtigiit is an adaptation of the Agir tôt program for Nunavik. The program promotes access to a continuum of services adapted to the needs of children from birth to age 6. It also aims to identify signs of challenges in children's development as early as possible to direct them and their families to the right services as soon as possible

i INTERESTED IN WORKING WITH CHILDREN?

Some Turaartaviit positions are currently available, and more will be opening soon.

For more information, contact:

- **Hudson:** recrutement.csi@ssss.gouv.qc.ca or (819) 988-2130
- **Ungava:** agirtot.cstu@ssss.gouv.qc.ca or (819) 964-2905 #445 / #228



i HOW TO REFER A CHILD TO THE PROGRAM

NOTE: The consent of a child's parent/guardian is required.

On the **Hudson** Coast

- Referrals are made by sending a completed Agir tôt form to agirtot.csi@ssss.gouv.qc.ca. This form is available on the Inuulitsivik Health Centre's intranet (Direction des services professionnels / Agir Tôt tab) and can be obtained through a CLSC/Nursing Station or the local Early Childhood Home (Ilagiilluta).

On the **Ungava** Coast

- Partner referrals are made by sending a completed CLSC/Nursing Station referral form to clsc.intake@ssss.gouv.qc.ca. This form can be obtained through CLSC/Nursing Stations. Families are encouraged to contact us by email with their questions (agirtot.cstu@ssss.gouv.qc.ca).

