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TWO NEW NUNAVIK HEALTH PROFILES:  
YOUTH, ADULTS AND ELDERS  
&  
YOUNG CHILDREN AND THEIR FAMILIES

**Kuujjuaq, June 9, 2016** – During the Nunavik Regional Board of Health and Social Services’ (NRBHSS) Annual General Meeting (AGM), the Public Health Department unveiled two new health profiles of the region. Written in collaboration with the *Institut national de santé publique du Québec (INSPQ)* [Québec public-health institute], these reports are the second and third in a series of three publications covering the health of the population of Nunavik. The first one was the “Demographic and Socioeconomic Conditions” released in 2011.

These health profiles are designed to inform local decision-makers, health and social services workers and the general public about the population’s state of health. They also serve to support decision making and guide intervention plans and programs.

The second in the series, “Young children and their families,” highlights the challenges we encounter as a result of a rapidly growing child population. Proper services for pregnant women and families have been developing in Nunavik but in terms of children’s health, data show that there are significant inequities when compared to the rest of the province.

Third of the series, the health profile, “Youth, Adults and the Elderly,” outlines many factors that, although outside the health domain, have considerable consequences on the state of the health of Nunavik’s population. Adults and elders are increasingly affected by chronic disease.

Many of the health conditions documented in these profiles are associated with the loss of the traditional way of life and increasing prevalence of smoking, substance abuse and psychological distress. “We hope that these health profiles, given the amount of knowledge they contain, will serve as a source of information to advocate for change and significant improvements to the living conditions of *Nunavimmiut*,” said Dr. Françoise Bouchard, Director of Public Health for Nunavik.

To learn more about Nunavik’s health profiles, consult the NRBHSS Web site by clicking on [www.nrbhss.gouv.qc.ca](http://www.nrbhss.gouv.qc.ca) (Public Health section).

*The NRBHSS is a public agency created in 1978 under the James Bay and Northern Québec Agreement. It is responsible for nearly the entire Québec territory located north of the 55<sup>th</sup> parallel in terms of the provision of health and social services for the inhabitants of the 14 communities.*

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**Source:** Nunavik Regional Board of Health and Social Services  
Department of Public Health

**For information:** Dawn Egeant

819 964-2222, extension 251